

INfoRMEd-PWS and the European Society of Endocrinology will be organizing the International PWS Meeting 2020, that will be taking place on May 22 – 23 2020, preceding the upcoming European Congress of Endocrinology (May 23-26, Prague – Czech republic).

The meeting will start on Friday May 22 lunchtime and will come to a close on Saturday May 23 lunchtime.

PWS2020 programme organizing committee

- Scientific Programme Chair: Laura de Graaff
- Basic Science Joint Chair, POC: Christine Poitou and Tony Goldstone
- Clinical Science Joint Chair, POC: Graziano Grugni, Assumpta Caixás and Charlotte Hoybye

Session	Topics
FRIDAY may 22nd of 2020	
12h00-12h30 arrival + lunch	
12h30-15h30	<p>Welcome and introduction of INfoRMEd-PWS network</p> <p>Basic knowledge about PWS, the role of the hypothalamus 'Classical' vs 'next generation' PWS</p> <p>Research questions that we still need to answer in order to improve patient care What is INfoRMEd-PWS doing to address these questions?</p> <p>Update in genetics of Prader-Willi (like) syndrome</p>
PWS- the basics	<p>The unmet needs of adults with PWS: what are the problems, how can they be addressed? What should a multidisciplinary PWS team look like?</p> <p>Legal aspects; the role of the physician for people with intellectual disabilities</p> <p>Benefits of residential specialist homes and supported living</p> <p>PWS in the outpatients clinic: a problem-oriented approach</p> <p>Pitfalls in clinical care for adults with PWS, the importance of medical screening</p>
A practical approach to PWS	
15h30-16h00 coffee break	
16h00-18h00	<p>Transition of care from pediatric to adult endocrinology Medication issues after transition to adulthood Stress-related health issues after transition to adulthood</p> <p>Aging in PWS</p>
Endocrine healthcare across the lifespan	<p>Cardiology and PWS, the role of lipids and hormones</p> <p>Interpretation of blood tests and cardiovascular imaging in PWS</p>
Challenges in cardiovascular care	

Neuropsychology

Behavioral aspects, caregiver burden and stress, coping strategies
Caregiver training education programs

How to treat skin picking

18h00 prepare for dinner, 18h30 dinner

Evening: working group session for INfoRMEd members

SATURDAY may 23rd of 2020

8h30-10h30

Challenges in endocrine care for adults with PWS

The hypothalamus-pituitary-adrenal axis in PWS: diagnosis and management

Hypogonadism: diagnosis and management
Behavioral issues, interaction with psychopharmacologic medication
Sexuality and relationships

Thyroid hormone deficiency in PWS adults, the role of T3
Bone problems in PWS (osteoporosis, scoliosis), what about vitamin D?
Diabetes in PWS: (why) is it different in PWS?

Benefits of GH treatment in older adults with PWS (update on the international GH trial)
The GH /IGF axis and IGF bioactivity in PWS

impact of pituitary hormone replacement therapy on physical activity and obesity

10h30-11h00 coffee break

11h00-13h00

Hyperphagia and obesity

Adipose tissue and insulin sensitivity: why is it different in PWS?

The physiology of appetite, the role of sleep apnea

Hyperphagia across the lifespan.

How to improve physical exercise: the impact of GH treatment and multidisciplinary care
The impact of physical exercise on obesity and metabolic issues

An overview of appetite-inhibiting drugs and an update on current trials

13h00 Closure and lunch

